

Net and Wall	Pupil friendly objectives
Including units: Ball Skills, Tennis and Volleyball Taught Years 1-6	• I can throw an object towards a target. (B1)
	• I can track a ball and other equipment in a controlled and balanced movement. (B2) (NW3)
	• I can co-ordinate my body to send and receive a ball. (B3)
	• I can recognise changes in my body when I do exercise. (B5) (SR6)
	• I can roll a ball towards a target. (SR1)
	• I can stop a rolling ball. (SR2)
	• I am beginning to send and receive a ball with my hands. (SR3)
	• I can catch a ball after one bounce. (SR4)
	• I can hit a ball using a racket. (NW1)
	• I can throw a ball to land over the net and into the court area. (NW2)
	• I can use a ready position to move to the ball. (NW3)
	• I know how to score points. (NW4)
	• I recognise changes in my body when I do exercise. (NW5)
	• I show honesty and fair play when playing against an opponent. (NW6)
	• I can roll a ball to hit a target. (B1) (NW2)
	• I can co-ordinate my body to track a ball and stop it. (B2)
	• I can send and receive a ball using both kicking and throwing skills. (B4) (SR6)
	• I can describe how my body feels during exercise. (B5) (NW4) (SR2)
	• I am beginning to provide feedback using key words. (SR1)
	• I understand the rules and can use them to keep a game going. (SR8)
	• I can show awareness of opponents when playing games. (NW1)
	• I can apply these skills in a variety of simple games. (NW3)
	• I can work with a partner to improve my skill. (NW5)
	• I know how to score points and can remember the score. (NW6)
	• I can return a ball to a partner. (T1)
	• I can use basic racket skills. (T2)
	• I understand the aim of the game. (T3)
	• I am learning the rules of the game and I am beginning to use them. (T4)
	• I understand why it is important to warm up. (T5)
	• I can identify when I was successful. (T6)
• I can sometimes play a continuous game. (T1)	
• I can use a range of basic racket skills. (T2)	
• I can return to the ready position to defend my own court. (T3)	
• I understand the rules of the game and I can use them often. (T4)	
• I can explain what happens in my body when I warm up. (T5)	
• I can identify when I was successful and what I need to do to improve. (T6)	
• I am developing a wider range of skills and I am beginning to use these under some pressure. (T1) (V1)	
• I can use the skills I prefer with increasing consistency. (T2)	

	<ul style="list-style-type: none"> • I understand the need for tactics and can sometimes apply them. (T3) (V2)
	<ul style="list-style-type: none"> • I can play cooperatively with a partner. (T4)
	<ul style="list-style-type: none"> • I understand the rules of the game and I can use them to play fairly. (T5) (V3)
	<ul style="list-style-type: none"> • I understand there are different skills for different situations and I am beginning to use this. (T6) (V4)
	<ul style="list-style-type: none"> • I recognise my own and others strengths and areas for development and can suggest ways to improve. (T7) (V5)
	<ul style="list-style-type: none"> • I can lead a partner through short warm-up routines. (T8) (V6)
	<ul style="list-style-type: none"> • I can use a range of skills in game situations. (V1)
	<ul style="list-style-type: none"> • I can select the appropriate action for the situation. (V2)
	<ul style="list-style-type: none"> • I can use the rules of the game consistently. (V3)
	<ul style="list-style-type: none"> • I understand the need for tactics and when would be appropriate to apply them. (V4)
	<ul style="list-style-type: none"> • I can lead a small group through a short warm-up routine. (V5)
	<ul style="list-style-type: none"> • I can identify my own and others' strengths and areas for development and can suggest ways to improve. (V6)