

WEEK 1 MENU

MONDAY

Crunchy Vegetable Fingers with Dry Roasted
Potato Wedges (Vg)
Pea & Mince Keema with Rice (Vg)
Served with Seasonal Vegetables (Vg)
Chocolate Cookie (V)



TUESDAY

Sweet & Sour Chicken
Rainbow Sweet and Sour Vegetables (V)
Served with Fluffy Rice and Seasonal
Vegetables (Vg)
Banana Traybake with Custard (V)



WEDNESDAY

Roast Gammon
Roast Quorn Fillet (V)
Served with Mashed Potato, Gravy and
Seasonal Vegetables (Vg)
Jelly with Mandarins (V)



THURSDAY

Welsh Pork Sausages and Beans
Quorn Sausages and Beans (Vg)
Served with Mashed Potato and
Seasonal Vegetables (Vg)
Pear & Chocolate Sponge (V)



FRIDAY

Fish Fingers
Margherita Pizza (V)
Served with Oven Chips, Garden Peas
and Baked Beans
Fruity Friday



Daily Alternatives

Either
Pasta with Tomato & Basil or Pesto Sauce
or Jacket Potato topped with either
Baked Beans, Cheese or Tuna Mayonnaise



Choice of Sandwiches

Cheese, Ham, Tuna Mayonnaise,
or Egg Mayonnaise.

Choice of Freshly Baked Bread, Salad Bar,
Fresh Fruit, Fruit Yoghurt, Jelly and Water.

